360 INSIGHTS

REFLECTION WORKSHEET

Look through both your 360 Insight survey responses and answer the following questions. If you haven't received your results, contact your counselor or group leader.

What were some of the things that were most meaningful or helpful for you to hear from your advisors? Write down a few quotes or thoughts that stood out to you.

Was there anything that you thought was true about yourself, but it was helpful to be affirmed by other people? Explain.

Did anything in the survey responses surprise you? Explain.

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REFLECTION WORKSHEET

You and your advisors were asked, “In what environments does your personality thrive?” Based on your respones and your advisors' feedback, what types of environments help you feel most comfortable and energized? How might this influence the kind of workplace you would enjoy?

What are some possible career paths that could be a good fit for your gifts? If you are not sure, this is a great question to ask your advisors or other trusted guides in your life.

How can you use your gifts to make an impact? Reflect on some ways you could use your unique combination of gifts to make an impact this week.

360 INSIGHTS

REFLECTION WORKSHEET

Now it’s time to put everything together. Read through all of the survey responses and try to name your top three gifts. Look for common threads and words or phrases that deeply resonate with you. You can name each gift with a single word or a short description. Don't worry about finding the perfect words. Choose gifts that make you think, “*Yes, that's me!*"

MY GIFTS

Your natural abilities, strengths, talents, and skills.

1. _____

2. _____

3. _____

Thank you for completing the 360 Insights process! Taking the time to gain an outside perspective and reflect on the responses gives you a more well-rounded picture of your gifts. This can not only help you as you consider future career paths, but also help you recognize ways to use your gifts to make an impact right now.

Stay connected with your advisors and other trusted adults as you take practical steps to develop your gifts, pursue new opportunities, and discern the next steps on your path.